Penllwyneinon

Sandstone/Limestone - west facing - 15 minutes

A beautifully peaceful spot of top quality gritstone that doesn't require crowds, stereos or litter. There are some other nearby areas documented by Martin Crocker in his pdf guide to the area.



- 1. Ledge-end [4, ss] A small problem on a separate block, far left and starting low on the rail (R.Dagnan 22/11/18). A left arête version (5, M.Crocker 1/15) is a bit harder.
- 2. Little pinch block [5, ss] Leaning left side of the boulder (R.Dagnan 22/11/18).
- 3. Meghan moans [5, ss] The left arête of the boulder from its right-side sit-start makes for a royal problem (M.Crocker 1/15).
- 4. Pinch block [3, ss] Sit start the middle on edges to gain a big pinch (A.Mannion 11/1/17).
- 5. Kate wows [5] The right side (including arête) from a left-side sit start is apparently more acceptable, for some (M.Crocker 1/15).

- small cave and traverse rightwards along the lip without using footblocks until possible to top out at a large hold. Slightly easier [5+] in reverse from the right, starting at a pocket (M.Crocker 1/15).
- 7. Mind the bull [3, ss] Centre of the left buttress (M.Crocker 1/15).
- 8. Stick that! [5, ss] Through the overhangs, starting from a low pocket (M.Crocker 1/15).
- 9. Legless lizard [4, ss] From a low start at the back of the small roof either climb the wall direct or follow the ramp leftwards (M.Crocker 1/15).
- 10. Legless lizard [6a, ss] Small roof from low start (M.Crocker 1/15).

cracks (M.Crocker 1/15).

Approach - from the small village of Ystradfellte take the side road beside the

New Inn and then a small road (CF44 9JF) heading left/southwest (keep the car park on the right). Continue for 750m through farmland until reaching a junction with a parking area on the right, beside the entrance to Penllwyneinon farm. Enter the farm on foot through the gate and walk up the drive a short distance before

following a path left through trees (keeping noise and group size to a minimum so as not to disturb). Another gate soon leads on to open moor (mind the bull).

Follow the main track before the outcrop becomes visible on the right. An

alternative approach is described in M.Crocker's pdf guide to the area.

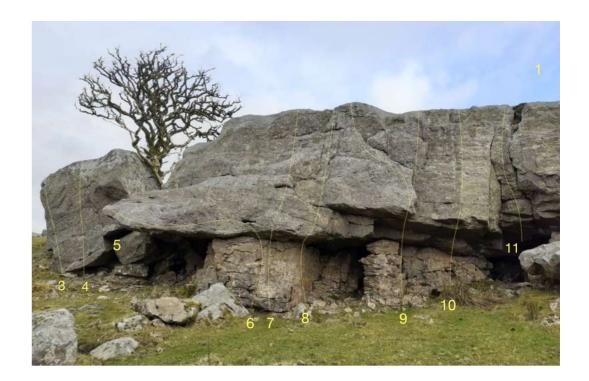
12. **Easy arête** [3] (*M.Crocker 1/15*).

11. Traction [6a, ss] The overhanging

- 13. **Nameless** [6?, ss] An eliminate sitter up the small wall (A.Mannion 1/17).
- 14. Warm up [3, ss] The obvious layback rail (A.Mannion 11/1/17).
- 15. Taf [6b, ss] A good problem up the 20. Shake that shake hole [5+, ss] An 11/1/17).
- 16. Flying Wallenda [5] The original sidewall problem starts stepping from (M.Crocker 1/15). #southsidetour the boulder to reach and climb a black crack (M.Crocker 1/15).
- 17. Wall [3] The wall on to a ledge (A.Mannion 11/1/17).

- 18. The shuffle [6a] Start as for Wall then head left past the pocket to top out at the end (A.Mannion 11/1/17).
- 19. Rebel heart [5+] Reach the black crack from a start beneath the arête (M.Crocker 1/15).
- blunt back left arête (A. Mannion excellent highball starting right of the arête (an easier left-version start can also be made). Climb through the roof using a jug to reach the groovy arête above
 - 21. [6b] Direct through the shield (A.Mannion 11/1/17).





- 22. Backbone of a paramecium [4, ss] 26b. Sansa variants The original has A good problem. Use a flake to gain the two alternative sit-starts: low left [7c+ -'shield' feature above, moving right to A.Mannion 1/17] & low right [8a - L.Fyfe negotiate it or, alternatively, move left 1/17] at the back of the cave. under the 'shield' to link into Shake (M.Crocker 1/15).
- roof (M.Crocker 1/15).
- 24. Left knee won't work [5, ss] The juggy overhang left of the big crack 28. Shake ya booty [5] The crack on the (M.Crocker 1/15).
- cave-left, starting in the 'pod' (M.Crocker the crack (M.Crocker 1/15). 1/15).
- 26. Sansa [7c, ss] An impressive line through the central roof and up the front bulge, amongst the best in South Wales (some say the world). Squat start under the roof, having warmed up your shoulders for what is to come. Alternatively - much easier - skip the hard action & start standing at the cave lip [6c]. Unfortunately the roof is prone to seepage during wet weather (A.Mannion/ L.Fyfe 1/17). #southsidetour

- 27. Beast from the east [6a+] An eliminate (no crack or wall) using a high 23. CL to MG [6a, ss] Direct through the pocket on the right of the cave to go leftwards and up into the Sansa stand (M.Crocker 1/15).
 - right side of the cave (*M.Crocker 1/15*).
- 25. The horrorfice [5] The wide crack 29. Cuckoo wrasse [6a] Arête right of



