

TIDAL STATUS

Routes left of *Nostradamus* are Non-tidal. Routes to the right 2-3 hours either side of low water.

PREAMBLE

This wonderful west facing, mostly non tidal and very accessible crag has been rebolted / tidied at the end of 2008 - a combined effort by Adrian Berry and locals with hardware provided by the SWMC. The wall consists of a left hand section which is slabby at the bottom and steep at the top. In contrast the right hand side of the crag contains a slab above a series of stepped roofs. The crag takes seepage immediately after heavy rain but then dries very quickly.

ACCESS

A quicker approach for locals is from the cliff top path from Rotherslade. Visitors should follow the B4433 through Mumbles to park at the Limeslade Bay. This is just west of the Mumbles headland (SS 627 872), it has a small ice cream parlor/cafe above it. Walk west along the coastal path for about 500m until it starts to climb up some steps. The top of the steps are directly above the crag.

DESCENTS

There is a path (in the loosest sense of the word) down the western spur of the bay - this is best attempted as an ascent than descent and is definitely not advised if wearing shorts. On the east side of the bay abseil stakes are in place above *Ride the Funky Wave*. At maximum low tide it is possible to scramble in and out close to the waters edge on the eastern side of the bay.

THE ROUTES

The routes are described from left to right. For ease of identification, the first two routes are bolted completely using stainless steel staples.

1. The Constant Gardener - Fr6c **

The first line of bolts on the left above a conglomerate ledge. Easy until the big roof, which is crossed leftwards on buckets in an exposed position.

2. Air Display - Fr.7a+ **

A few metres right of *The Constant Gardener* is a large flake. Start up the flake and continue directly until a cleaned out corner to the left can be gained. A rising rightwards line leads to a tough technical finale past the last staple.

3. The Cool Crux Clan - Fr.7a *

Start 5m left of the north (left) end of the main roof, below a faint groove at the top. Climb the line of bolts just to the right of this.

4. Ride The Funky Wave, Babe - Fr.7a **

Start at a boulder problem roof then up through the second band via a tough left sidepull. The route then bears slightly right onto the slab.

The main roof starts here.

5. Rain Dance - Fr.7b **

Start about 1m right of where the obvious roof starts. Gain this fairly directly and cross it with a hard move at the lip.

There is a space of about 10m before the next route on the right.

6. Hypocritical Mass - Fr.7b+ *

Start just left of the left-hand boulder jammed at the base of the crag. Make a desperate move to start, then gain the roof easily. Cross the roof on crystals to a thin pull round the lip and finish easily up the slab.

7. Renaissance - Fr.6c+ *

This route requires a clip stick to get the first clip. Pull up the rope to jugs then aim for the obvious step in the lip. A hard pull gets the climber established on the slab.

8. Nostradamus - Fr.7b **

Start below a flake and crack. Make a series of technical and strenuous pulls through the roof stack to a lie down rest under the main roof. Grope bindly over the main roof and pull onto the slab.

9. The Loneliness Of The Long Distance Runner - Fr.7b

Start just to the right of Nostradamus and take a bold and fairly direct line to the top. A long reach is required.

10. Totally Clips - Fr.7c **

The last bolted line on the right

11. One Small Step - E3,5c *

Right at the far end of the crag, either leap to a jug in space, or make a 6a move. Traverse right, then up to finish.

Other stuff includes:

12. Unseeded - Fr.7a *

A left to right traverse of the upper slab. Start as for *The Cool Crux Clan* and move across and slightly up into *Rain Dance*. From *Rain Dance*, step down, across and back up, then continue at about the same level to a final slight rise to reach *Captain Hook*. Finish as for *Captain Hook*.

13. Captain Hook - Fr.7b

A link up. Start as for *Nostradamus*. Finish as for *Renaissance*.

